

Vaccine Guard- Child Vaccination Reminder Platform

Disha D Patil, Himani N Pawar, Rushika V Sathe, Kajal K Mali, Jayshri S Sonawane⁴
Department of Computer Engineering, R. C. Patel Institute of Technology, India

Abstract - When it comes to the best ways to lower child mortality and protect them from infections is through timely vaccination. However, a lot of kids don't get their shots on time for a variety of reasons, such as ignorance, inadequate documentation, or a lack of contact between parents and medical professionals. The Vaccine Guard-Child vaccine Reminder System is a web-based and mobile-supported program that integrates hospital records with parental access to automate vaccine schedule and reminders. Parents can follow impending doses by using the website or mobile app, and healthcare practitioners keep immunization logs. The likelihood of missing doses is decreased because parents are automatically informed about the next vaccinations by SMS, email, and app notifications. It also enables healthcare administrators analytics to track the immunization coverage and figure out the places with low compliance. By utilizing contemporary technologies like JSP/Servlets, Hibernate, and SMS gateways, Vaccine Guard increases productivity, reduces human error, and promotes public health campaigns. The designed technology would boost the digital healthcare ecosystem, improve child health outcomes, and support government immunization initiatives.

Keywords: Childhood Immunization, Vaccination Reminder Systems, Mobile Applications, Vaccine Coverage, Public Health.

INTRODUCTION

India, which is home to more than 1.36 billion people, finds it difficult to guarantee that children, who make up about one-third of the country's population under the age of fifteen, receive their vaccinations on time. Due to false information, ignorance, and parental forgetfulness, vaccination rates remain below international norms despite government immunization initiatives. According to UNICEF data, 1.2 million children under the age of five died in India alone in 2015 from diseases that could have been prevented, highlighting the seriousness of the problem. Nearly 5 million children under the age of five perished globally in 2020 from diseases that were largely preventable with the right vaccinations. These figures show that efficient, technologically advanced ways to boost vaccination rates and lower child mortality are urgently needed [1]. One of the biggest problems with immunization programs is that a lot of kids either don't get their shots or don't follow the approved vaccine regimens. There are several possible explanations for this. For instance, parents could not know when a vaccination is due or scheduled, or they might just forget to bring their child to the doctor on the appointed day. Misconceptions about the safety or efficacy of vaccines, which are frequently motivated by false information, may cause parents to postpone or forego vaccinations.

Furthermore, socioeconomic obstacles or practical difficulties in getting to medical facilities from a location may cause individuals to skip the vaccines. As a result, the majority of vaccine coverage gaps have remained, putting many kids at risk for diseases that could be avoided [2]. Numerous studies have demonstrated that the use of reminder technologies can increase immunization rates by promptly alerting parents or caregivers, which has proven advantageous in various parts of the world. SMS reminders were successfully used in both high-income and low-income nations to improve immunization rates and reduce the number of missed doses, demonstrating their effectiveness. The resources were particularly useful for underserved or rural areas, where access to healthcare may be challenging [3].

Nevertheless, a number of issues persist despite the mounting data supporting the idea of vaccination reminder systems. The particular technology employed, the time, the content of the reminders, and elements of the system's overall accessibility for the general public all affect how effective they are. For instance, text message reminders have been shown to be successful in areas with high rates of mobile phone ownership, but they may not be as successful in areas with low literacy rates or where only a small percentage of people own mobile phones. Additionally, parents' willingness to use the reminders and keep vaccination-related appointments is crucial to these systems' success.

The effectiveness of a reminder system depends on a number of important elements, including cultural attitudes about vaccines themselves, faith in the healthcare system, and perceived vaccine safety [4]. This essay addresses kid vaccination reminder programs and how they raise immunization rates. In order to guarantee timely immunization, it explicitly seeks to evaluate the role that these systems can play in lowering missed immunizations. Through a review of the literature and an analysis of actual case studies of reminder system implementations, the study sheds light on how effective this system is in various circumstances. It goes on to address how these systems might be improved for underprivileged groups, to get over different vaccination barriers, and to help achieve the more general objective of eliminating diseases [5].

Ultimately, timely immunization will protect the general public's improved health from infectious diseases. One such ray of hope for resolving the problem of missed immunizations and guaranteeing children's safety is a vaccination reminder system. The design, implementation, and effects of such systems will be examined in this study, along with suggestions that will improve their efficacy in guaranteeing further adoptions within international immunization initiatives[4][5].

BACKGROUND AND RELATED WORK

One of the most successful and economical initiatives currently accessible to public health administrators is childhood immunization. Infectious diseases including polio, measles, and pertussis (whooping cough) have greatly decreased as a result of vaccination, saving millions of lives and significantly improving children's lives all over the world. However, millions of youngsters do not obtain their immunizations each year, placing them at grave risk from diseases that can be prevented, despite the success of immunization. Despite distinct factors linked to missed vaccinations across different geographic, social, and infrastructure contexts, this problem nevertheless remains in both developed and developing nations today [6]. Simple forgetfulness, whether from parents or health officials, is one reason why people might not be vaccinated. When parents live in a place where health is not a top priority, they might not be able to follow their vaccination schedules or reminders, or they might not have access to reminders that might convince them differently. Misunderstandings regarding vaccine schedules, language challenges, or inconsistent health communications from health officials regarding immunizations might be additional causes [7].

Health organizations and researchers are working to address this issue by developing and assessing vaccine reminder systems that make use of digital communication technologies to make sure that the appropriate people receive reminders about vaccination schedules. This is mostly accomplished

through automated messages that can be sent through a variety of media, such as SMS, phone calls, or smartphone applications. It serves to ensure that there is less chance of missing a vaccination appointment due to inadequate notification. To plan ahead and stay on top of a vaccine schedule, this is accomplished through vaccination schedules. [8].

Reminder systems are not a novel concept in the healthcare industry. Reminders can significantly increase vaccination uptake as well as the general use of various medical treatments and healthcare services, according to studies conducted over the years. Early research focused on conventional reminder systems, in which medical professionals directly phoned parents to remind them about their children's impending immunizations. Despite the method's success, there were certain drawbacks, such as the fact that it was very expensive and labor-intensive, making it unable to target a wider demographic [8][9]. But as communication technology has advanced, experts have also turned their attention to automatic reminder systems.

Early in the new millennium, one of the first significant studies on the usage of SMS-based vaccine reminder systems was conducted. In this study, parents in Tanzania whose children were due for vaccines were evaluated using an SMS-based vaccination reminder system. These results showed that groups that received the messaging had better vaccination coverage rates than those that did not. Subsequent research conducted in other nations, showing an improvement in vaccine coverage rates for populations that received the messages, such as those with restricted access to healthcare services [10]. For example, an evaluation research conducted in the United States looked at how SMS reminder messages affected children from low-income neighborhoods' vaccination rates. Reminder messages sent as a result of the intervention resulted in a 25% increase in youngsters receiving vaccinations. Another study conducted in Kenya looked into the use of voice calls to remind parents in remote communities without cellphones and with poor literacy rates. According to the study, audio messages were just as effective at increasing children's immunization rates as reminder messages [11].

Numerous significant factors have been identified as contributing to the vaccination reminder system's efficacy. First, the effectiveness of the vaccination reminder system greatly depends on the timing of the reminders. Reminders given several weeks before the vaccination date have been shown to increase the likelihood that the parent would comply with the immunization. Sending the reminders, for example, a week or two weeks before the planned vaccine [12]. Personalization is another crucial factor for parents and other caregivers. Reminders that are tailored to a person's immunization schedule and provided in an easily

comprehensible language are more likely to be followed, according to research. For instance, a reminder that includes information on the child's actual vaccination, the time of the visit, and the location of the medical facility may be far more effective than a general reminder about "upcoming vaccinations." [13].

Even though reminder systems have been extensively researched and used in a variety of contexts, they still face several difficulties. The digital gap, which prevents some people from having equal access to mobile phones and dependable internet connectivity, is the biggest obstacle. Alternative modes of communication, including postal mail or community-based reminder initiatives, might be necessary in areas with low cell phone usage. The likelihood that parents will respond to the reminders may also be impacted by cultural variables, such as vaccine hesitation or mistrust of the medical system [14].

Because of this, health campaigns worldwide also incorporate information about vaccine efficacy and safety along with reminders. The integration of vaccine reminder systems with more extensive digital health platforms has also attracted attention lately. The increasing use of mobile health apps, like those that track a child's immunization schedule and offer educational content and reminders, is an illustration of the latter. As a result, these applications can help physicians monitor vaccination rates, identify children who are past due for immunizations [15].

METHODOLOGY

The Child Vaccination Reminder System is designed to improve immunization coverage and timeliness by automatically identifying children who are due or overdue for specific vaccines and sending timely reminders to their caregivers. This system is integrated into the larger Vaccine Management Tool developed for the Division of Vaccines and Immunization (DVI), Kenya, and serves as a critical component in ensuring every child receives their immunizations on schedule.



Fig.1. Selection of Health Facilities

Problem Understanding

Even while government programs provide vaccines at no cost, most communities still have concerns about immunization coverage. We conducted an interactive discussion with parents and medical professionals in both rural and urban settings to learn more about why children seldom receive their recommended vaccines on time. During these discussions, a number of significant factors were perceived. The majority of parents, especially women juggling work and family life, identified forgetfulness as one of the main causes of this overlook. obligations. Furthermore, many parents lacked a clear understanding of the immunization schedule, including which shots a kid should receive and when. Another factor contributing to children's lack of immunization was the absence of health education and follow-up initiatives in remote areas. Healthcare professionals reported that it was challenging for parents to be reminded of vaccines that were due or that a kid was supposed to have had due to the existing record-keeping systems. Furthermore, parents themselves had to bring or remember health cards, which are frequently misplaced or broken [16].

SYSTEM DESIGN

We developed a user-friendly method for parental vaccination reminders that works in both rural and urban settings in order to address the issues that arose during the initial assessment. Basic details including the child's name, birthdate, and mobile number can be entered into the system by a parent or caregiver. The technology will automatically create the child's customized vaccine schedule based on the date of birth, in accordance with the government's widely adhered-to immunization schedule. As a result, proper vaccines will be recalled when they are needed.

Additionally, the system will work with standard smartphones and/or tablets that are frequently seen in healthcare facilities. Data will be kept in a secure backend database, making it simple to operate the system at the organizational level and providing appropriate support for regional languages for a user-friendly interface that is suitable for both medical professionals and parents/caregivers who are not very tech-savvy. Additionally, the system will be very scalable and easily connected with other medical institution services. The system design, which prioritizes automation, simplicity, and adaptability, has shown to be a successful way for caregivers to stay informed and respond promptly to guarantee that their children receive all recommended doses of vaccinations. Furthermore, it has been a crucial way for caregivers to empower medical professionals to fight diseases that can be prevented [16] [17].

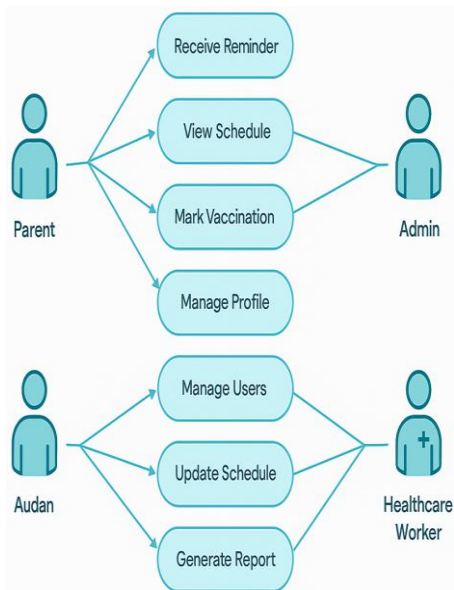
RESULTS

In this sense, vaccination participation was regarded as a crucial indicator of the effectiveness of the recommended

remedy. The pilot period's statistical data was compared to data gathered in the months prior to the suggested solution's deployment. Consequently, a favorable impact on timely immunization attendance has been noted. Parents have stated that they were able to attend planned vaccines without any delays because SMS reminders were clear, timely, and informative. Vaccination compliance rates were therefore positively impacted by this measure [18].

Medical experts also mentioned how easy it was to enroll patients in the system and follow each person's planned vaccinations. Furthermore, it was observed that notification messages were dependable. In particular, the intended audience regularly received notifications promptly. Lastly, the system's efficiency and availability were evaluated. The findings indicate that there are no serious issues or technical difficulties. Overall, statistical evidence indicates that the proposed system effectively raises kid vaccination rates [18][19].

In addition to the increase in attendance, user engagement with the system was also investigated. The majority of the registered users were interacting with the system, as evidenced by their access to the vaccination schedule and responses to the reminders, according to the observations made throughout this experiment. This implies that in addition to sending notifications, the system is interacting with users.



The suggested system and the traditional system were compared. The traditional approach was shown to be extremely vulnerable to human error, blunders, and complete lack of follow-up. However, the suggested approach is precise in terms of scheduling and reminding, which lowers the likelihood of skipping vaccination dates. By adding more test users, the scalability of the suggested solution was further evaluated. The system kept operating steadily, processing data and delivering messages without any delays. As a result,

this technique can be successfully applied on a bigger scale [20].

Fourth, the application's usability was evaluated based on user comments. It was convenient for both parents and doctors. Healthcare professionals appreciated the ability to monitor patient data and manage information in one location, while parents were pleased with the application's ease of use.

Conclusion

In terms of improving the rates of child vaccines administered at the appropriate times, user happiness, and the dependability of the entire SMS delivery system, the child vaccination reminder system demonstrated encouraging results. Considering the variables of parental forgetfulness and missed vaccination dates due to such reasons, the implementation of the child vaccine reminder system had a significant impact on ensuring that children received vaccinations at the appropriate periods. The reliability of the child vaccine reminder system was good, as evidenced by the low number of missed deliveries and system malfunctions.

Future research could focus on enhancing the reminder system's scalability and applicability to a wider audience, especially in rural areas with less mobile network coverage, even if the system had positive results. Enhancing audience engagement and system compliance could be achieved by incorporating personalization features into the reminder system, such as language preferences and reminder time based on individual immunization regimens. Additionally, the reminder system's performance and efficacy could be maximized by incorporating a feedback component to enhance its timing and content based on audience experience. To increase applicability to a wider audience of parents and, thus, increase immunization rates, it may also be necessary to investigate other communication methods, such as voice calls or mobile apps.

REFERENCES

1. Orenstein, W. A., & Ahmed, R. (2017). Simply put: Vaccination saves lives. *Proceedings of the National Academy of Sciences*, 114(16), 4031–4033.
2. Bangure, D., Chirundu, D., Gombe, N. T., Marufu, T., Mandozana, G., Tshimanga, M., & Takundwa, L. (2015). Effectiveness of short message services reminders on childhood immunization programme in Kadoma, Zimbabwe – A randomized controlled trial. *BMC Public Health*, 15, 137
3. Kazi, A. M., Ali, M., Zubair, K., Kalimuddin, H., Kazi, A. N., Iqbal, S. P., ... & Zaidi, A. (2018). Effect of mobile phone text message reminders on routine immunization uptake in Pakistan: Randomized controlled trial. *Journal of Medical Internet Research*.
4. Harvey, H., Reissland, N., & Mason, J. (2015). Parental reminder, recall and educational interventions to improve early childhood immunisation uptake: A systematic review and meta-analysis. *Vaccine*, 33(25), 2862–2880.
5. Greenwood, B. (2014). The contribution of vaccination to global health: Past, present and future. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 369(1645).

6. World Health Organization. (2023). Immunization coverage.
7. Szilagyi, P. G., Shone, L. P., Audet, A. M., Schaffer, S., Humiston, S., Smith, P., ... & Rodewald, L. (2000). Effect of patient reminder/recall interventions on immunization rates: A review. *JAMA*, 284(14), 1820-1827.
8. Jacobson Vann, J. C., Szilagyi, P. (2005). Patient reminder and recall systems to improve immunization rates. *Cochrane Database of Systematic Reviews*, (3), CD003941.
9. yo-Ita, A., Wiysonge, C. S., Oringanje, C., Nwachukwu, C., Oduwole, O., & Meremikwu, M. M. (2016). Interventions for improving coverage of childhood immunization in low- and middle-income countries. *Cochrane Database of Systematic Reviews*, (7), CD008145.
10. MacDonald, N. E., & SAGE Working Group on Vaccine Hesitancy. (2015). Vaccine hesitancy: Definition, scope and determinants. *Vaccine*, 33(34), 4161-4164.
11. Barrera, J. F., Dávalos, M., & Hernández, H. (2018). Impact of mHealth interventions on health care providers' performance: A systematic review. *Journal of Medical Internet Research*, 20(7), e157.
12. Mwaniki, M. W., & Mhuri, N. (2016). Determinants of incomplete vaccination among children aged 12–23 months in Kenya: Analysis of the 2014 Kenya Demographic and Health Survey. *BMC Public Health*, 16, 132.
13. Mohan, A., & Kumar, P. (2018). Designing mHealth applications for low-literacy populations: A case study for vaccination reminders. *International Journal of Medical Informatics*, 111, 14–22.
14. Free, C., Phillips, G., Galli, L., Watson, L., Felix, L., Edwards, P., ... & Haines, A. (2013). The effectiveness of mobile-health technologies to improve health care service delivery processes: A systematic review and meta-analysis. *PLoS Medicine*, 10(1), e1001363.
15. Gibson, D., & Rapp, D. (2011). Improving childhood immunization compliance: The development of automated reminder systems. *Journal of Public Health Management and Practice*, 17(6), E21–E29.
16. Szilagyi, P. G., Bordley, C., Vann, J. C., Chelminski, A., Kraus, R. M., Margolis, P., & Rodewald, L. (2000). Effect of patient reminder/recall interventions on immunization rates: A review. *JAMA*, 284(14), 1820–1827.
17. The effectiveness of mobile-health technologies to improve health care service delivery processes: A systematic review and meta-analysis. *PLoS Medicine*, 10(1), e1001363.
18. Chib, A., Wilkin, H., Ling, L. C., Hoefman, B., & Van Biejma, H. (2015). Evaluating the effectiveness of SMS reminders for routine immunization in rural areas. *Vaccine*, 33(34), 4203–4211.
19. Bangure, D., Chirundu, D., Gombe, N. T., Marufu, T. N., Mandozana, G., Tshimanga, M., & Takundwa, L. (2015). Effectiveness of short message services reminder on childhood immunization programme in Kadoma, Zimbabwe - a randomized controlled trial, 2013. *BMC Public Health*, 15, 137.
20. Bangure, D., et al. (2015). Effectiveness of short message services reminder on childhood immunization programme in Kadoma, Zimbabwe. *BMC Public Health*, 15, 137.