# Sustainable Development of Rural Women of Chattisgarh Through Empowerment

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Abstract— Women experience multiple tasks in their day to day life. They are mostly involved in doing household works but the present scenario demands sustainable development of rural women. It can be done by empowering this women by providing them proper education and training. Through this paper I am trying to focus about proper training to be provided to rural women for exploitation of natural resources. The strategic approaches can be brought by Enhancement in efficiency and productivity and by creation of diversity. This can be brought out by controlling certain social and economic dimensions.

Keywords: Sustainable Development, Empowerment, Biotechnology and Conservation.

# I. INTRODUCTION

Women experience everyday life differently than men. There is multiple responsibilities in the home, at the workplace and in the community because of traditional gender. This helps women to gain unique knowledge of the environment and the importance of sustainability. But the women are so much involved in house-hold works that they could not spend time for their sustainable development. Most of the village women remain in the four corners of the house without a voice in the decision-making processes that impact their lives and their environment.

Women are often poorly served as citizens in their communities. Services, infrastructure and design of cities and villages are seldom geared to women's needs: daycare facilities are both expensive and inadequate; rigid operating hours and insufficient and unreliable public transport The sustainable development of women will lead to the path of empowerment. The word empowerment is defined by different people in different ways. Some defines empowerment as the decentralization of authority and power. But in my opinion empowerment aims at getting participation of deprived sections of people in decision-making process. It helps in giving voice to voiceless. Even certain legislative measures and welfare programmes are made by the government but the power is used by others rather than the sections for which they are meant. Even Gandhian's vision on women empowerment is based on Sarvodayai.e in economic sphere there must be cooperation and trusteeship, in the political sphere there must be equal participation and there should not be barrier of caste, or class or gender in social sphere. To fulfill Gandhian'sdream the concept of sustainable development came . The key factors which can bring sustainable Development of women are security, sustainability, environment, poverty eradication, population control and social development .The village people mostly depend upon the exploitation of land and natural resources as the means to earn their livelihood .Mostly the village woman are involved in activities like crop production, food processing ,weaving and marketing. Before understanding the empowerment of village women, the concept, components and elements of sustainable development is to be understood.

Branchland commission defines sustainable development as the development which needs to meet current world and allowing future generations to meet their needs without threatening the environment. It could also be defined as the management and protection of natural resources and economic and institutional developments to give direction to the present and future needs of the communities to provide sustainable and permanent.

The gender equality and lack of education are the two major issues responsible for poor economic development of village women in the development pattern of production and resource management. Thus their increase in participation for sustainable development can be brought about in the following ways

- 1. They must be given proper training in the field of environment regarding various uses ,consumption level and harmful effect of natural resources
- A proper homogenous area and city to be identified for providing sustainable employment concerning their social and economic capabilities to be found in order to create community development.
- The banking facilities and non-government women's organization to be provided for expanding their production and to increase rural women's ownership over resources
- 4. For supervision, the information and communication technology to be used to spread awareness and define new areas of rural women's participation in the multilateral process of achieving sustainable development

# II. METHODOLOGY

The various dimensions are to be taken into account for

- A. Social Dimensions:
  - 1. To fight against poverty
  - 2. Control over population
  - 3. Organization of Training programmes
  - 4. Health Protection
  - 5. Providing residential areas

## B. Economic Dimensions:

- 1. Fresh water Conservation and exploitation
- 2. Soil resources and its sustainable exploitation

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- 3. Control over desertification and drought
- 4. Sustainable agriculture and rural development
- 5. Operation of the waste issue and sewage
- 6. Proper application of toxic chemicals by using biotechnology

### III. FUTURE SCOPES

The strategic approaches by which the sustainable development can be brought about include:

- A. Enhancement in efficiency and productivity: This can be brought about by bringing sustainable development of labour class, better access to innovative techniques for bringing improvement in farming
- B. By creation of diversity: In this context, two types of variation is achievable; It includes diversity in production systems and economic system. Production system can be improved through crops, livestock activities, fishing and forestry practices and aquaculture system.

The second way of improvement can be brought by combining production, forestry and fishery products with processing and integration jobs outside the farm.

### IV. CONCLUSION

By changing women's consciousness the process of women's empowerment can be brought about in rural areas. It includes not only an improvement in physical and social conditions,. Women must equally involve in decision making process, control over resources and mechanisms for sustaining these gains. The various training programmes can bring about remarkable changes in women in the level of awareness.

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