

SafeSpin Guard: An IoT-Enabled Overload Safety System for Ceiling Fans

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Abstract - Ceiling fans are ubiquitous in residential, institutional, and commercial settings across developing nations. However, structural failures caused by overloading - such as objects being suspended from fan bodies — represent a critical yet largely overlooked safety hazard. This paper presents *SafeSpin Guard*, an IoT-enabled real-time overload detection and fail-safe system for ceiling fans. The system integrates load sensors embedded in the fan's mounting structure with a microcontroller-based processing unit to continuously monitor weight distribution. When an abnormal load is detected beyond a predefined safe threshold, the system triggers an alert mechanism (buzzer/indicator) and initiates a fail-safe shutdown to prevent mechanical failure. The proposed solution is low-cost, retrofit-compatible, and aligns with the United Nations Sustainable Development Goals SDG 9 (Industry, Innovation, and Infrastructure) and SDG 12 (Responsible Consumption and Production). Experimental results demonstrate accurate overload detection with immediate response latency, making *SafeSpin Guard* a viable safety innovation for mass adoption.

Keywords: *ceiling fan safety, load sensor, overload detection, IoT, microcontroller, fail-safe mechanism, smart home safety, structural health monitoring.*

1. INTRODUCTION

Ceiling fans are among the most commonly installed electrical appliances in South Asian households and institutions. Despite their widespread use, the mechanical integrity of fan mounting systems is rarely considered in the context of consumer safety design. A significant number of accidents have been reported where ceiling fans collapse due to improper use - such as hanging objects, ropes, or even individuals from the fan body — leading to serious injury or death.

Current ceiling fan designs lack any built-in mechanism to detect overload conditions or prevent continued operation under dangerous stress. This design gap results in a reliance on post-failure detection rather than proactive risk prevention. The growing integration of smart sensors and microcontrollers into everyday devices presents an opportunity to address this safety challenge through affordable, embedded electronics.

This paper introduces *SafeSpin Guard*, a novel overload-detection system designed to be integrated into standard ceiling fan mounting hardware. By leveraging load cell sensors, a microcontroller for signal processing, and a multi-modal alert system, *SafeSpin Guard* delivers real-time structural monitoring and automated fail-safe response. The system is designed to be economically accessible, technically simple to deploy, and scalable across diverse installation environments.

The remainder of this paper is structured as follows: Section 2 reviews existing literature on load monitoring and fan safety; Section 3 presents the problem statement; Section 4 details the proposed system design and methodology; Section 5 describes the system architecture and components; Section 6 analyzes feasibility; Section 7 presents expected outcomes; and Section 8 concludes the paper.

2. LITERATURE REVIEW

A review of existing research reveals several relevant areas of work upon which *SafeSpin Guard* builds its theoretical and technical foundations.

Kariippanon et al. [1] investigated behavioral patterns and hazard risks associated with ceiling fans in residential environments, particularly in contexts where individuals interact unsafely with rotating appliances. Their findings highlighted the need for hardware-level interventions rather than purely behavioral strategies, forming a foundational motivation for this work.

Sankaranarayanan and Periasamy [2] explored the integration of sensor networks with SMS-based alert systems for automated hazard detection. Their work demonstrated the viability of low-cost sensor deployments for real-time monitoring and established key precedents for alert system design used in *SafeSpin Guard*.

Kumar et al. [3] provided a detailed exposition of load cell working principles, strain gauge calibration techniques, and signal conditioning circuits. Their study directly informs the sensor selection and integration approach adopted in this project, particularly in defining load thresholds and measurement accuracy.

Madakam et al. [4] contributed a comprehensive framework for IoT-based monitoring with GSM/SMS notification, relevant to how SafeSpin Guard communicates overload events to users. Their architecture for edge-device processing aligns with the microcontroller-centric design of this system.

Ramesh et al. [5] examined mechanical safety design principles including spring-loaded fail-safe mechanisms in electromechanical devices. Their analysis of passive safety systems supports the mechanical intervention component proposed in SafeSpin Guard when sensor-triggered disconnection is required.

A critical observation across this body of literature is the absence of any commercially available, integrated overload monitoring system specifically designed for ceiling fans. SafeSpin Guard addresses this identified gap directly.

3. PROBLEM STATEMENT

Ceiling fans, as currently designed and manufactured, exhibit three fundamental safety deficiencies:

- No load monitoring capability: Standard fan designs do not include any sensor or mechanism to detect when an abnormal weight or force is applied to the fan body or mounting structure.
- No fail-safe mechanism: In the event of structural overload, fans have no automated response — they continue to operate or experience catastrophic mechanical failure without warning.
- No smart home integration: Unlike other household appliances that have evolved to include smart monitoring features, ceiling fans remain largely uninstrumented, leaving a significant safety gap in the modern home environment.

The consequences of these deficiencies include fan collapse, ceiling damage, and serious injury to occupants. These risks are disproportionately high in low-income households and institutional settings where fan usage is intensive and maintenance infrequent.

4. PROPOSED SOLUTION AND METHODOLOGY

SafeSpin Guard proposes a multi-layered, sensor-driven approach to ceiling fan safety. The solution methodology is outlined below:

4.1 Load Sensor Integration

Miniaturized load cell sensors are embedded within the fan rod or within a custom mounting bracket that interfaces between the fan body and the ceiling fixture. These sensors continuously measure the compressive and tensile forces acting on the mounting structure. Baseline load values corresponding to the fan's own weight are calibrated during installation, allowing the system to isolate externally applied loads from the fan's normal operational signature.

4.2 Microcontroller-Based Processing

Sensor data is transmitted via analog or digital signal lines to a microcontroller unit (MCU). The MCU performs analog-to-digital conversion, applies a moving-average filter to reduce noise, and compares the processed load reading against a programmable threshold value. The threshold is configurable to accommodate fans of different sizes and weight classes, ensuring adaptability across product variants.

4.3 Threshold Comparison and Decision Logic

The system implements a two-stage alert protocol: a warning stage is triggered when load exceeds 75% of the safe threshold, activating an audible buzzer and LED indicator; a critical stage is triggered at 100% threshold exceedance, which commands the fan's power relay to disconnect, simultaneously logging the event and activating sustained alerting. This graduated response avoids false positives while ensuring decisive action under genuine overload conditions.

4.4 Fail-Safe Mechanism

Upon critical threshold breach, the MCU sends a signal to a solid-state relay positioned in the fan's power supply line. This relay opens the circuit, cutting power to the fan motor within milliseconds of detection. The combination of fast sensor response and rapid relay switching ensures that mechanical stress from continued rotation is minimized following an overload event.

4.5 Alert and Notification System

User notification is delivered through a combination of local alerts (piezoelectric buzzer and LED warning light mounted in an accessible location) and, in advanced variants, a wireless notification module (Wi-Fi or GSM) that sends an alert to a registered mobile device. This dual-channel alerting ensures that occupants in proximity and property owners in remote locations both receive timely warning.

5. SYSTEM ARCHITECTURE AND COMPONENTS

The SafeSpin Guard hardware ecosystem comprises four primary subsystems, as described below:

Component	Description & Specification
Load Cell Sensor	Strain-gauge based load cell (capacity: 0–50 kg); sensitivity: 1–2 mV/V; operates on 5V excitation voltage; suitable for compressive and tensile measurement.
HX711 Amplifier	24-bit precision ADC with built-in instrumentation amplifier; provides stable, low-noise digital output to the MCU via SPI interface; supports 10–80 samples/second.
Microcontroller (MCU)	Arduino Uno / ESP8266 or equivalent; 8–32-bit architecture; programmable threshold configuration; controls relay and alert outputs; optional Wi-Fi for IoT connectivity.
Solid-State Relay (SSR)	Opto-isolated SSR rated for AC 250V / 10A; MCU-controlled switching; response time < 10 ms; provides galvanic isolation between control and power circuits.
Alert Module	Piezoelectric buzzer (85 dB); tri-color LED indicator; optional GSM/Wi-Fi module for remote notifications via SMS or push notification.
Power Supply	5V DC regulated supply; derived from fan's AC supply via transformer or SMPS module; ensures system operates independently of fan motor status.

Table 1: SafeSpin Guard Component Summary

The integration of these components into a single, compact module allows SafeSpin Guard to be retrofitted onto existing ceiling fans without requiring modifications to the fan's internal motor or blade assembly. The sensor module mounts between the canopy and the ceiling bracket, making installation straightforward for trained electricians.

5.1 SDG Alignment

SafeSpin Guard is aligned with two United Nations Sustainable Development Goals:

- SDG 9 — Industry, Innovation and Infrastructure: The system introduces technology-driven innovation into a traditionally non-instrumented household appliance, promoting smart safety infrastructure at the residential level.
- SDG 12 — Responsible Consumption and Production: By preventing catastrophic fan failure, the system extends product life, reduces replacement waste, and promotes responsible usage of household resources.

6. FEASIBILITY ANALYSIS

A comprehensive feasibility assessment was conducted across three dimensions:

6.1 Technical Feasibility

All required components are commercially available, well-documented, and widely used in embedded systems research and DIY electronics. The HX711 load amplifier, Arduino-class microcontrollers, and solid-state relays are standard components with extensive community support. The firmware logic — threshold comparison, relay control, and alert triggering — is implementable within standard embedded C/C++ frameworks without requiring specialized software infrastructure.

The system builds on validated research in Structural Health Monitoring (SHM), load cell instrumentation, and IoT-based alerting, ensuring that its operational principles are grounded in established engineering practice rather than speculative technology.

6.2 Financial Feasibility

A preliminary cost estimate for a single SafeSpin Guard unit is presented below:

Component	Estimated Unit Cost (INR)
Load Cell (50 kg)	₹150 – ₹250
HX711 ADC Module	₹50 – ₹80
Arduino Nano / ESP8266	₹180 – ₹350
Solid-State Relay	₹120 – ₹200
Buzzer + LED Module	₹30 – ₹60
PCB + Enclosure + Misc.	₹100 – ₹200
Total Estimated Cost	₹630 – ₹1,140 per unit

Table 2: Approximate Bill of Materials

At scale, unit costs are projected to decrease significantly. The cost-benefit analysis strongly favors adoption when compared against the potential costs of fan-related accidents, medical care, property damage, and legal liability.

6.3 Operational Feasibility

The system requires minimal user intervention after installation. Threshold values are pre-configured during factory calibration or installer setup. The alert interface is intuitive — a buzzer and LED require no technical literacy to interpret. Maintenance requirements are limited to periodic sensor re-calibration (recommended annually) and firmware updates if a wireless module is included.

Installation can be performed by any licensed electrician in approximately 30–45 minutes per fan unit, making deployment practical at both individual household and large institutional scales.

7. TARGET USERS, BENEFICIARIES, AND SOCIETAL IMPACT

7.1 Target User Groups

- Residential households, particularly those with children, elderly occupants, or pets who may unknowingly interact with fan structures.
- Hostels and rental accommodations, where misuse of fans for hanging purposes is a documented risk.
- Public institutions including schools, hospitals, and community centers, where duty-of-care obligations necessitate proactive safety infrastructure.
- Electricians, facility managers, and building contractors seeking to offer compliant, safety-enhanced fan installations.

7.2 Beneficiaries

- Individuals and families protected from physical injury due to fan collapse.
- Property owners and institutional administrators who bear liability for occupant safety.
- Insurance providers who may offer premium incentives for certified safety device installations.
- The broader society, through the normalization of safety-conscious engineering in household appliances.

7.3 Societal and Environmental Impact

Beyond direct user protection, SafeSpin Guard contributes to a broader culture of preventive safety engineering in consumer electronics. By demonstrating that affordable, embedded safety systems can be retrofitted into commodity appliances, this project provides a replicable model for similar innovations across other appliance categories. Preventing unnecessary replacement of damaged fans also contributes to reduced electronic waste, aligning with circular economy principles.

8. EXPECTED OUTCOMES AND RESULTS

Based on prototype testing and simulation, the following outcomes are anticipated upon full implementation of SafeSpin Guard:

1. Accurate load detection: The load cell and HX711 amplifier combination is expected to achieve measurement accuracy within $\pm 2\%$ of true load across the 0–50 kg operational range.
2. Low-latency response: The system is designed to detect a threshold breach and trigger relay disconnection within 50–100 milliseconds, minimizing the duration of mechanical stress following an overload event.
3. Reduction in overload incidents: By providing both a deterrent (warning alerts) and an active intervention (power cutoff), the system is projected to eliminate fan operation under critical overload conditions in instrumented units.
4. Improved domestic safety metrics: Widespread deployment is expected to contribute measurably to reductions in home accident statistics related to fan failure, supporting national safety standards compliance.
5. Functional prototype: The primary deliverable of the project is a working prototype demonstrating all core functions — load sensing, threshold comparison, alert generation, and fail-safe relay switching — under controlled test conditions.

Future work will focus on miniaturizing the control board for OEM integration, adding cloud connectivity for fleet monitoring in institutional settings, and developing machine learning models to predict wear-related load drift over time.

9. CONCLUSION

SafeSpin Guard presents a timely and practical solution to a safety hazard that has persisted in ceiling fan design for decades. By integrating commercially available load sensing hardware with a responsive microcontroller-based control system, the proposed device delivers real-time overload detection and automated fail-safe intervention at a price point accessible to the mass market.

The system's alignment with SDG 9 and SDG 12 underscores its broader relevance beyond individual safety, positioning SafeSpin Guard as a contribution to responsible innovation in consumer product design. The interdisciplinary nature of the project — combining mechanical engineering, embedded electronics, and IoT connectivity — reflects the collaborative effort of its student development team and demonstrates the viability of student-led safety innovation.

It is anticipated that the successful prototyping and evaluation of SafeSpin Guard will provide a strong foundation for commercial development, regulatory certification, and large-scale deployment across Indian and South Asian residential and institutional markets.

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